

POWER OF THE MIND
HEALING, HYPNOTHERAPY, AND COUNSELING CENTER
IN ASSOCIATION WITH HEALING LIGHT MINISTRIES

For a Healthy Body, Mind and Soul

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SHARON A. JACKSON, COUNSELOR, M.S., M.M.S.C.
CERTIFIED CLINICAL HYPNOTHERAPIST
103 SOUTH 3RD STREET, SUITE 102
OZARK, MISSOURI 65721
(417) 773-2524

AS FEATURED IN
4577
MAGAZINE

Quit Smoking, Weight Loss, Anxiety, Depression
Stress, Anger, Pain, Headaches, Bed Wetting
Phobias, Anger, Counseling, and much more

HELPING YOU MAKE POSITIVE CHANGE IN YOUR LIFE

Sharon Jackson
Certified Clinical Hypnotherapist, M.Msc.
103 South 3rd Street, Suite 102
Ozark, Missouri 65721
(417) 773-2524

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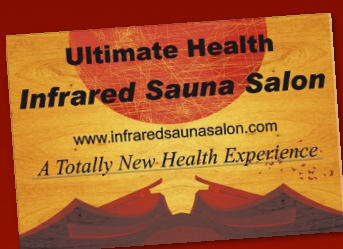
Volume I First Edition



Happy St. Patrick's Day!

MARCH 2012 MONTHLY NEWSLETTER

FEATURED BUSINESS



3873 South Campbell Ave.
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Phone: 417-877-7646

HALF OFF SPECIAL
2 Sessions for only
\$15 (regular \$30)

SAVE 50% with coupon

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Infrared Sauna Benefits Include:

- Weight Loss
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- Arthritis Pain Relief
- Immune System Boost
- Stress Relief
- Blood Pressure Control
- Skin/Bone/Joint Health
- Increased Energy and Stamina
- Increased Brain Function

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Women's Show Winners

There were so many entries for the Mental Vacation giveaways!

Thank you all! The winners from the 2012 Women's Show are:

Suzanne Blackburn, Kortney Wilson, and Denise Itay.

Each winner will enjoy a complimentary Mental Vacation. (continued other side)

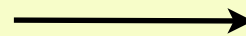
WHAT IS A MENTAL VACATION?

Need a vacation, but can't get away or afford to go? Feeling stressed out, depressed, anxious, or overwhelmed? Then take a "Mental Vacation" from the stresses of everyday life. Using Progressive Relaxation Techniques, you will experience pure relaxation while reducing stress, depression, anxiety, panic, phobias, anger, and more. Rejuvenate and replenish your Mind, Body, and Soul with healthy, positive, cleansing energy. Proven affects of hypnotherapy and Progressive Relaxation Techniques: INCREASES the integrity of your immune system, changes the molecular structure of your

body chemistry, reduces hypertension, release stress and all the previously mentioned conditions allowing the body to heal itself using psycho-semantics. You will be able to focus and concentrate better. Your mind will be able to run optimally. You will feel incredibly magnificent, cleansed, and rejuvenated, while increasing your longevity. Your Mind, Body, and Soul will thank you.

YOU will feel simply AMAZING!

50% OFF coupon



NEVER GET CANCER???

This month's feature is for the eBook One Minute Cure. Learn you how to avoid cancer, viruses,

bacteria, and candida, maintain proper PH levels, and flood your body with the ever so needed oxygen that our bodies are so deprived of. Discover what THEY DON'T WANT YOU TO KNOW with this amazing eBook

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Call, email, or visit our website to order
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Price valid until April 15, 2012



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the WOMEN'S SHOW

HOTELS.COM & EXPEDIA.COM WELLNESS FAIR

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SPECIAL DISCOUNT COUPON

50% OFF

A MENTAL VACATION
HYPNOTHERAPY, RELAXATION,
STRESS REDUCTION SESSION

ONLY \$25.00

(regular \$50.00)

Must present coupon
Expires April 15, 2012



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ASK SHARON QUESTIONS & ANSWERS:

QUESTION: I have been told that not everyone can be hypnotized. Is this true?

ANSWER: Anyone with an Intelligent Quotient (IQ) of 70+ can be hypnotized unless they suffer from mental conditions.

QUESTION: Relaxing is very hard for me. I don't think that I will be able to relax enough to be under hypnosis.

ANSWER: Everyone is different and depending on your needs I will be able to detect when you are relaxed enough to go further into the suggestive stage (where I place the suggestions) I will continue with deepening until you get there. The average person takes 5-15 minutes. I have deepened a client for 45 minutes before. Allowing yourself permission to relax is key.

If you have a question, please email powerofthemind@mail.com
(all answers are the opinions of Power of the Mind Healing, Hypnotherapy, and Counseling Center)

